

EMERALD BAY
RETIREMENT COMMUNITY & MEMORY CARE

MONTHLY Newsletter

August Issue, 2024



AUGUST FACTS

August Birthstones: Did you know that August has two birthstones? Peridot and Spinel are both considered to bring positivity and energy to those born in August.

Historical Events: On August 6, 1945, the first atomic bomb was dropped on Hiroshima, Japan. This event marked a significant turning point in World War II and had profound effects on global history.

Famous August Figures: Many notable people were born in August, including Barack Obama (August 4), Louis Armstrong (August 4), and Helen Mirren (August 26).

Seasonal Foods: August is the peak of summer produce. It's a great time to enjoy fresh peaches, corn on the cob, tomatoes, and berries.

This Issue

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EMERALD BAY
RETIREMENT COMMUNITY & MEMORY CARE

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Kayla's Korner

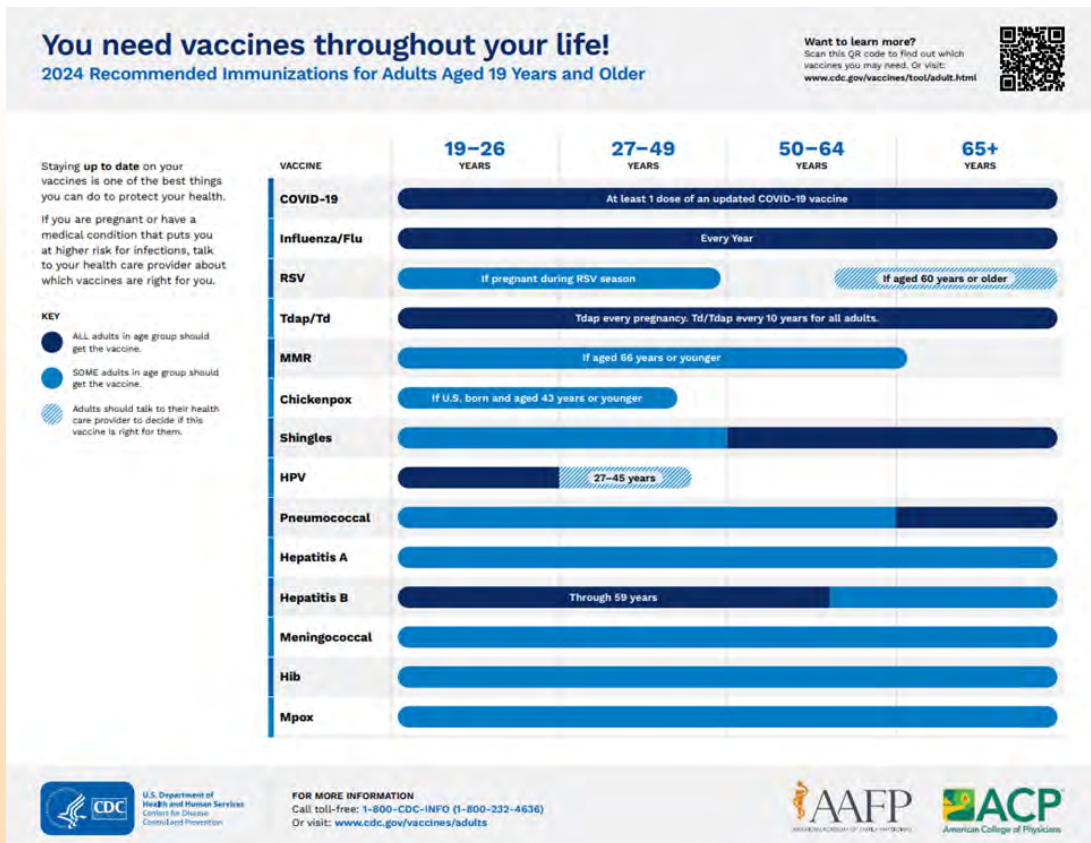
National Immunization Awareness Month

“This month looks to raise awareness on the importance of keeping up to date on recommended vaccines throughout your life. For adults, vaccines that help prevent serious illnesses and diseases can include the flu, shingles, pneumonia, RSV, and Covid. Keeping up to date on your vaccines is not only a way to protect yourself but also those around you.

According to the FDA, “Vaccines work by stimulating the body’s immune system to safely provide protection against viruses or bacteria that cause infection”. After receiving a vaccine, the body’s immune system works by responding to disease-causing organisms.

Why are vaccines important? Vaccines not only help provide protection against disease or illness but they can also help lessen the severity of illnesses. The FDA states “Some diseases that once injured or killed thousands of people have been eliminated primarily due to vaccines.”

For accurate information about immunizations, use organizations such as the CDC or your physicians office.



Powerback Rehabilitation

NATIONAL WELLNESS MONTH

August celebrates National Wellness Month. This is a time to focus on yourself by taking care of yourself, eating healthy, decreasing your stress, and working toward establishing healthy routines. The summer month offers the opportunity to spend more time outside to get fresh air, sunshine, and exercise, such as walking with a companion or friend. Establishing a realistic routine helps set you up for success. Consider incorporating several of the tips listed below in your wellness plan.

Tips for establishing a wellness routine.

- Water consumption is essential for hydrating the body for optimal function, improving skin quality, and energizes muscles. It helps transport nutrients to give you energy.
- Meditation trains the brain and body to relax and focus on the present instead of all the “chatter” in our heads. Even five minutes a day can be helpful.
- Eating a nutritious diet helps keep your heart healthy and reduces the risk of developing some chronic diseases.
- Stretching counteracts the effects of the day. Whether you have been exercising, sitting, or standing or are feeling stressed, stretching can reduce tension and increase blood flow.
- Set boundaries and make time to disconnect, shut down for the day, and relax. If possible, disconnect from social media and technology to boost your mental and physical health.
- Gratitude and positivity affect our emotional and physical well-being. Try using a small notebook to record the things you are grateful for or one good thing that has happened daily.

To learn more about our services, contact us at 920-600-8583 or stop by the Powerback therapy gym located on the first floor across from the nursing offices.



Tyler's Take

Discover the vibrant life at Emerald Bay Retirement Community by following us on Facebook and Instagram! Stay updated with the latest events, activities, and resident highlights that make our community truly special. From engaging social gatherings to inspiring stories of our wonderful residents, our social media pages offer a glimpse into the lifestyle we celebrate every day. Connect with us online and be part of our ever-growing Emerald Bay family—where every day is a new opportunity for friendship and fun!

Join us at Emerald Bay Retirement Community for a Bingo Mixer and Happy Hour! Mark your calendar for August 16th, 2024 from 3pm to 5pm and get ready for an afternoon filled with fun, fantastic prizes and great company. Test your luck with a friendly game of bingo and enjoy refreshments as we toast to good times and new friends. We can't wait to see you there!



**Happy
Birthday!**

August Birthdays at Emerald Bay!

Mary J., Nick F., Ed S., Jim E.



Reminiscing July





Resident Spotlight

We are thrilled to introduce our August Resident Spotlight: Lottie! Born in Sobieski, WI, Lottie embarked on a remarkable journey when she moved to Chicago. There, she initially worked in a factory before finding a job as a housemaid for a family with two young boys whom she cherished deeply.

Lottie comes from a large family with 9 siblings. She married Max, a sweet and gentle soul, whom she met at a dance hall in Krakow while visiting home from Chicago. Together, they raised 6 wonderful children, and Lottie is now the proud grandmother of 13 and great-grandmother of 15.

A life filled with vibrant activities, Lottie danced joyfully until she was 100. She tended to her garden and crafted her own clothes as a talented seamstress. She has a passion for travel, having explored Europe, Poland, and Hawaii, and enjoyed hosting lively parties.

Lottie's dedication and kindness were recognized when she was named Mother of the Year by the Catholic Women's Club in

Pulaski. Her secrets to longevity include maintaining a positive outlook, surrounding herself with friends of all ages, staying active, and eating her vegetables. Now at our community, Lottie continues to shine. She starts her mornings with a refreshing workout, enjoys playing bingo, and takes pleasure in exploring the beautiful décor around her. Lottie finds immense joy in meeting new people and describes Emerald Bay as a "beautiful place" where she feels like she's already in heaven.

Lottie expresses her gratitude for the entire staff and values all that they do for her. We are delighted to have Lottie as a part of our community and celebrate her vibrant spirit and inspiring life.

Employee Spotlight



We're excited to shine the spotlight on Jacob, our dedicated team member from Underhill, WI. Jacob joined the Emerald Bay family just under a year ago, bringing his enthusiasm and energy to our community.

When he's not at work, Jacob enjoys spending time on the lake, where he's on a quest to catch a massive 101-pound bass. His passion for fishing is matched

only by his commitment to creating a lively and enjoyable atmosphere here at Emerald Bay.

Jacob's favorite part of working with us is the chance to "boot, scoot, and boogie" into the morning alongside our residents, making each day a fun and engaging experience. We're grateful for his vibrant spirit and dedication, and we're thrilled to have him as part of our team!

Obituaries

Saying Goodbye to our Dear Friends

Yvonne Kirchenwitz



Yvonne Kirchenwitz, 88, went to her heavenly home on Thursday, July 18, 2024. Yvonne was born in the Town of Morgan, Oconto County, Wisconsin on September 4, 1935, daughter of the late Lebrecht and Grace (Pellow) Olderman. Yvonne grew up in the Gillett area and graduated from Gillett High School with the class of 1953. On August 2, 1955 she was united in marriage to Harvey Kirchenwitz in Oconto, Wisconsin. Harvey and Yvonne lived out their years together on a farm east of Zachow, Wisconsin, where they worked hard together to provide for their family. Yvonne took pride in her role as a homemaker for her

husband and six children. She loved her role as a grandmother and never missed an opportunity to attend the grandkids' various events and activities. Yvonne was a faithful member of St. Paul Lutheran Church in Zachow and in her free time enjoyed working puzzles, collecting castle figures, doing diamond art crafts and crossword puzzles as well as reading, gardening, and above all, spending time with her family. She was a wonderful mother, grandmother, and great grandmother, she will be deeply missed and always remembered.

Yvonne is survived by: her children, Kim (Londa) Kirchenwitz, Gale (Ed) Blum, Jody (Bernie) Pries, Kevin (Chris) Kirchenwitz, Cheryl (Bruce) Breitenfeldt, and Jed (Elizabeth) Kirchenwitz; 17 grandchildren; and 30 great grandchildren. She is further survived by numerous nieces, nephews, other relatives, and friends.

She is preceded in death by: her husband, Harvey; a great granddaughter, Laurel; her parents; two sisters, Margaret and Joyce; and two brothers, Leland and Walter.

A funeral service to honor Yvonne will be held at 1:00pm on Wednesday, July 24, 2024 at St. Paul Lutheran Church in Zachow with Rev. Kurt Kluge and Rev. Alex Kirchenwitz officiating. Burial will follow in the church cemetery. Visitation will be held at the church on Wednesday from 11:00am until the time of the service. Memorials may be directed to St. Paul Lutheran Church in Zachow.

The family would like to extend a special thank you to the staff of Emerald Bay, Hobart and Heartland Hospice for their most loving and attentive care provided to Yvonne... They were truly a blessing.

Obituaries

Saying Goodbye to our Dear Friends

Barbara Ann "Becky" Rottier



Barbara Ann "Becky" Rottier (DeRuyter), aged 81, formerly of Seymour, WI passed away in Oneida, Wisconsin, on July 13, 2024. Barbara was born on September 16, 1942, in Green Bay, WI. She remained a lifelong resident of the city.

Becky graduated from West DePere High School and then married the love of her life, Raphael Rottier, in November 1961. She spent the next 30 years devoted to raising her 6 children and maintaining her home. She greatly enjoyed all her children's sporting activities and could be found throwing baseballs in the yard with her sons. She continued this hobby by supporting her grandchildren by attending their numerous sporting activities be it football,

baseball, basketball, track, soccer, dance, or swimming. She was an avid fan of the Green Bay Packers, Milwaukee Brewers, and Milwaukee Bucks never missing a game. At the age of 50 she ventured into the "working" world for Sams Club in Green Bay, WI where she was an employee who could be counted on to be on time and to get the job done regardless of shift or task assigned for the next 25 years.

Becky is survived by her loving children, Roy (Crystal), Lynn (Jerry) Zegers, Richard (Karyn), Scott, Kelly (Karen), and son in law Russ King; her siblings, Linda Scannell, David (Gail) DeRuyter, Dale (Susan) DeRuyter, Dean (Tina) DeRuyter, Cindy (Brian) Lisse, and Dawn (Tom) Jensen; her former in-laws: Agnes Zitzelsberger, Barb Rottier, Norbert (Teena) Rottier, Ralph (Julie) Rottier, Thomas (Betty) Rottier, Michael Rottier, Betty (John) Otto, and Harold (Rita) Rottier. Her legacy continues through her thirteen grandchildren: Michelle, Seth, Kristen, Brian, Emily, Joel, Troy, Bret, Lauren, Alex, Breanna, Danielle, and Jacki

and 6 Great Grandchildren: Hayden, Ava, Aria, Josie, Camden and Mason.

She was preceded in death by her daughter, Lori King; parents, Ernest and Alma DeRuyter; sister, Patricia (Harold) Blosser, former husband, Raphael Rottier, brothers-in-law Lester Zitzelsberger, Donald Rottier, Andy Scannell and Harold Blosser, sister-in-law Judy Rottier, nephews Michael Beno, Jeff Rottier, Jake DeRuyter, and Mark Rottier, and numerous aunts and uncles.

A wake will be held on Saturday, July 20, from 9am to 11am followed by a funeral service at 11am at St. Matthews Church, 130 St. Matthews Street, Green Bay, WI. The Ryan Funeral Home of DePere, Wisconsin, is assisting the family with arrangements.

Becky's memory will be cherished by all who knew her, as a beacon of love, laughter, determination, and strength within her family.

Obituaries

Saying Goodbye to our Dear Friends

James (Jim) Joseph Reignier



James (Jim) Joseph Reignier, 93, passed away on Sunday, July 7, 2024 at the Jack & Engrid Meng Hospice Residence. Jim was born on October 30, 1930, son of the late Ben and Elinor (Johnson) Reignier. He graduated from West High School with the class of 1948. On March 31, 1951, he married his high school sweetheart, Barbara Radosevich. Together they raised three children: Steven, Susan, and Scott, all of whom preceded him in death.

Jim served his country faithfully during the Korean conflict with the U.S. Army

from 1951 to 1953. He then started a life-long career in sales with Morley Murphy.

Jim enjoyed many travels with his wife, Barb, including Rome, Portugal & Gulf Shores. He loved playing cards, bingo, fishing and above all, making his family and friends smile with his countless jokes and jovial nature. While living at Emerald Bay Retirement Community, Jim gave out hundreds of teddy bears to visiting children and residents as he loved to make people happy. Jim was an avid Packer and Brewer fan and enjoyed sweets.

Jim's survivors include: sister in-laws, Sandy Renard (Green Bay), Pat Reignier (Saek Falls, MN) and Shirley Lattin (Corrales N. Mexico). He is further survived by brother in-law, Karl (Jeanne) Radosevich. He will be missed dearly by his nieces

and nephews as well as grandnieces and nephews.

A Mass of Christian Burial will be held Friday, July 12, 2024 at 11:00 am, at Nativity of Our Lord Parish, 2270 S Oneida Street, Green Bay. Visitation will occur from 10:00 -11:00 a.m. Burial will take place at Lawrence Cemetery in DePere where full military honors will take place.

Jim's family would like to extend a heartfelt thank you to special friends, Sue and Terry Thayse for their loving friendship, care & compassion. The family would also like to express sincere gratitude to the staff at Emerald Bay Retirement Community-you made him part of your family. A special thanks to Caiden, his nurse with Moments Hospice. Also, we are grateful to Unity Hospice, although he was there a short time, your care and compassion for Jim was wonderful.

A Prayer for Those Who Have Died

God of Consolation,

We remember those who died.

For those who passed away quietly,
we ask for a joyful passage into your spacious
heart.

For those who suffered great pain,
we ask for respite and the comfort of your
compassionate embrace.

For those who died too soon, in sudden and
unexpected ways,
we ask for peace and surrender into your loving
care.

Grant all of those who have died the grace of your
eternal light and life.

Amen.

Dates to Remember

Events happening in August

- August 2** Walmart & Bergsbaken Sunflower Farm Outing
-
- August 7** Music Entertainment with Wally & Menu Marvels
-
- August 9** Seroogy's & Twig's Beverage Tour Outings
-
- August 13** Technology Class with Paige
-
- August 14** Vitals Clinic, Brown County Fair Outing, & Music with Daniel
-
- August 16** Music with The Fishermen Group & Bingo Mixer!
-
- August 20** Fire Drill & Resident Counsel Meeting
-
- August 21** Wellness Seminar, Menu Marvels, & Music with Stevie Keys
-
- August 23** Kerrigan Brothers Wine Tasting & Pizza Outing
-
- August 28** Summer Luah Lunch!
-
- August 29** August Resident Birthday Bash!
-
- August 30** Swimming & Indoor Track (Kroc Center) & Buzzes Bowling Alley
-

Welcome to Emerald Bay

**Jack M., Bill & Ellen H., Gene W., Marilyn N., Cathy P.,
Lorraine & Orville M., Katie L., Joan A., Father David K.,
Dennis B., Armigene P.**

Welcome to our community! We're thrilled to have you with us. Here, you'll find a warm, friendly environment with plenty of activities and opportunities to connect. Whether you're exploring our spaces, joining in events, or relaxing with neighbors, we hope you quickly feel at home. If you need any assistance, our team and residents are here to help. We're excited for this new chapter and look forward to creating wonderful memories together!

WORD SEARCH

Hawaiian Islands

The words listed below can be found vertically, horizontally, diagonally, forward, and backward. Disregard spaces between words.



E	I	S	B	K	H	C	U	F	I	X	K	J	S	Y
G	X	H	A	L	A	T	K	H	A	Q	A	N	E	T
H	J	U	D	X	W	J	V	U	K	A	H	D	H	I
J	A	U	I	L	A	I	A	O	O	T	O	I	C	C
I	A	N	A	L	I	H	U	P	L	H	O	A	A	L
A	E	U	A	L	I	K	A	A	O	C	L	M	E	R
O	A	H	U	I	S	C	B	B	M	T	A	O	B	A
B	Q	M	N	M	I	K	C	K	U	X	W	N	D	E
A	X	F	A	F	Z	Y	R	Q	T	G	E	D	I	P
X	P	G	I	U	L	U	L	O	N	O	H	H	B	C
O	M	C	I	F	N	D	F	P	Q	F	V	E	M	J
A	A	E	X	V	H	A	Z	F	P	W	I	A	O	K
M	P	S	G	J	O	A	L	A	O	V	O	D	J	W
T	R	O	P	I	C	A	L	O	V	Z	Q	R	G	G
K	Z	V	U	C	S	L	T	E	A	B	J	F	D	P

BEACHES	KILAUEA	NI'HAU
DIAMOND HEAD	LANAI	O'AHU
HAWAII	MAGMA	PACIFIC
HONOLULU	MAUI	PEARL CITY
KAHO'OLAWA	MAUNA LOA	TROPICAL
KAUAI	MOLOKA'I	VOLCANIC

Paige's Social Buzz: Latest Happenings In August

- **One-On-One Activities**— One-on-one activity sessions just for you! These personalized sessions offer an opportunity for individualized engagement and enjoyment tailored to your interests and preferences. To sign up, write your name in your preferred time slot at the sign-up table in the lobby!
- We're excited to introduce **Sunday Movie Nights** at our Retirement Community! Starting this August, join us every Sunday at 6 PM in the activities room for a delightful film experience. Each week, we'll feature a different movie, ranging from timeless classics to recent favorites, ensuring there's something for everyone. It's a wonderful way to unwind and socialize with fellow residents. We look forward to seeing you there and sharing many enjoyable movie nights together!
- We're excited to announce the launch of our new **Men's Club**! Every Tuesday at 1 PM, we'll gather for a fun-filled time featuring a variety of activities, including card games, sports viewing, cribbage, pool, and movies. We're also open to any other games or activities you'd like to suggest. It's a fantastic opportunity to relax, socialize, and enjoy some friendly competition with fellow residents. We look forward to seeing you there and making new memories together!
- Mark your calendars for Wednesday, August 7th and Wednesday, August 21st as we invite you to join us for **Menu Marvels**, our exciting new dining event! Collaborate with our kitchen team to taste-test potential additions to our weekly dining menu. Your feedback is valuable as we strive to create delicious meals that satisfy every palate. Don't miss this chance to influence our culinary offerings and enjoy a flavorful experience together!
- Join us in the Activities Room for our **Technology Class** on Tuesday, August 13th, at 3 PM with Paige. You'll receive personalized assistance with any technology-related questions or concerns you may have. Whether you need help with your phones, computers, iPads, or TVs, Paige is here to guide you through it all. This is a great opportunity to enhance your tech skills and resolve any issues you may be facing. We look forward to seeing you there and helping you get the most out of your devices!
- Join us on Thursday, August 29th for a special **Birthday Bash** as we gather to celebrate all the August birthdays in our Emerald Bay community. Let's come together for singing, socializing, and enjoying delicious birthday treats! It's a wonderful opportunity to connect with fellow residents, share stories, and make new memories. Don't miss out on this joyful celebration of life and community spirit!
- Get ready for a day of excitement at our **Luau Lunch** on August 28 at 12 PM! Join us for a fun-filled event featuring delicious food, lively Hawaiian-themed activities, and a vibrant atmosphere. Put on your favorite Hawaiian festive attire and dive into a variety of engaging activities that capture the spirit of the islands. We can't wait to share this special day with you!



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