

EMERALD BAY
RETIREMENT COMMUNITY & MEMORY CARE

MONTHLY Newsletter

October Issue, 2024

Kayla's Korner

Flu, Covid, and RSV season is upon us!

Some reminders:

1. Please remember to wash your hands frequently
2. Cover your cough and sneezes with a tissue or into your arm/sleeve
3. If you are experiencing respiratory symptoms or are sick avoid attending meals in the dining room/ activities in common areas to avoid spreading illness to others
4. If you are experiencing symptoms notify staff so we are able to monitor vitals, symptoms, and notify your physician as needed

September and October are good times to get vaccinated, but you can still get vaccinated later in the year if you haven't received your vaccines. Adults 65 years and older, young children, residents of long-term care facilities, pregnant people, and people with certain long-term health conditions are at increased risk of serious illness from respiratory viruses.



LOST & FOUND

Did you misplace something
Don't worry—if it's lost, it's likely hanging out at the **front desk**, waiting for you to claim it!

And if you've found an item, be a hero and bring it to the **front desk**. Let's reunite lost treasures with their rightful owners!

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650 Centennial Centre Blvd.
Hobart, WI 54155
Phone: (920) 544-5041



What is health literacy? Healthy People 2024 defines personal health literacy as “the degree to which individuals can find, understand, and use information and services to inform health-related decisions and actions for themselves and others.” In the U.S., according to studies, more than 40 percent of Americans have difficulty obtaining, processing, and understanding basic healthcare information, which is necessary for making informed decisions. When healthcare professionals communicate in an easy-to-understand manner, we all benefit.

Consider these helpful tips to help you be more health literate:

- Ask questions if you do not understand the information provided by the healthcare professional
- Tell your healthcare professional if you are worried about being able to follow their instructions
- Ask questions about any medications to ensure you have a clear understanding of the dosage and any associated side effects
- Request information in written format so that you have a reference to review after your medical appointment
- Don't be afraid to call the office for additional clarification once you return home
- Consider bringing another person to a medical appointment to help take notes and clarify any information to be “well-informed” Talking With You Doctor or Health Care Provider

Tyler's Take

Join us on October 31st from 5:30pm to 7:00pm for a spooktacular evening of fun at the Emerald Bay Retirement Community's Trick or Treat event! Bring your little ghouls and goblins for a night filled with trick or treating, hot apple cider, and festive activities. Don't forget to don your best costumes, as we'll be holding a raffle drawing for those who dress up! Come enjoy a safe and delightful Halloween experience with your loved one at Emerald Bay— it's a hauntingly good time you won't want to miss!



Happy
Birthday!

October Birthdays at Emerald Bay!

Lottie J., David C., Elaine C., Mary Ann C., Jerry S., Nina L., Jeanette B., Fern S., Cindy A., Sandy W., Marva P., Judy C.



Couple Spotlight



This month, we're excited to shine a spotlight on the wonderful couple, Don and Nina! Their love story began in high school, where their friendship blossomed into a beautiful romance that lasted for three years. Their journey together took a beautiful turn when they tied the knot in 1956 at the First Presbyterian Church in Iron River, Michigan, with

a small yet intimate gathering. From that moment on, they built a loving family together, welcoming three beautiful children into the world. After the kids were born, Nina embraced her role as a stay-at-home mother, providing a nurturing home for her family, while Don began his career, landing his first teaching job in Ontonagon, Michigan. Later, they moved to Green Bay, where Don started teaching and coaching at Southwest High School, eventually becoming Principal.

Both Don and Nina have always been deeply involved in their church community. Nina has served as a Sunday school teacher, a Deacon, and participated in various committees, while Don has been an active member of the governing board of sessions and the building committee. Their commitment to their faith has

been a cornerstone of their lives together.

Today, their legacy continues with seven cherished grandchildren and nine great-grandchildren, all of whom they are immensely proud of and love dearly.

After college, Don and Nina created a special haven by purchasing a hunting shack, which they transformed into a cozy cabin where they enjoyed spending their summers together, making lasting memories. They built the cabin from the ground up, cutting all the logs from the land by hand, and embraced the outdoors with swimming, fishing, boating, and waterskiing.

We are thrilled to have Don and Nina as part of our Emerald Bay family, and we look forward to celebrating many more memories with them!

Employee Spotlight



We are thrilled to shine our spotlight on Kendall, a highly valued member of our Emerald Bay Family. Originating from the city of Chicago, Kendall brings a great amount of passion and expertise to our team. Over the past year, he has made a significant impact, becoming an important part of our daily operations. Kendall loves detailing vehicles and takes pride in his meticulous work. Outside of his passion for cars, he's a devoted fan of the Milwaukee Brewers and Milwaukee Bucks. Kendall truly values the residents, describing them as "truly awesome" and always enjoys building connections with everyone he meets.

Kendall brings his amazing culinary knowledge to our kitchen and serves as head of our menu marvels. He creatively designs new meals for residents to sample as potential menu choices, ensuring a delightful dining experience for everyone.

We are so grateful to have Kendall as part of our Emerald Bay family. His contributions and positive energy enrich our community, and we look forward to many more culinary creations from him in the future. Thank you, Kendall, for all that you do!

Dates to Remember

Events happening in October

October 1 trishaw Bicycle Rides

October 2 Veterans Supporting Veterans

October 4 Fall Scenic Bus Tours

October 8 Voter Registration & Music with Fernando

October 9 Pumpkin Patch Outing

October 10 1903 Chase Stone Barn & Clydesdales Outing

October 11 Walmart Outing

October 14 Voting & Registration

October 18 Library & Walgreens Outing & Casino Outing

October 22 Resident Counsel Meeting

October 25 Kroc Center & Buzzes Bowling Outing

October 30 Music with Stevie Keys

October 31 Halloween Party, Costume contest, & Trick or Treating

Welcome to Emerald Bay

Ken & Marlyn T., Joanne R., Jerry & Sally P.,
Donna S., Marshall "Larry" M. (MC)

Welcome to our community! We're thrilled to have you with us. Here, you'll find a warm, friendly environment with plenty of activities and opportunities to connect. Whether you're exploring our spaces, joining in events, or relaxing with neighbors, we hope you quickly feel at home. If you need any assistance, our team and residents are here to help. We're excited for this new chapter and look forward to creating wonderful memories together!



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650 Centennial Centre Blvd.
Hobart, WI 54155
Phone: (920) 544-5041

Shelle Tegen

Executive Director

Phone: 920-460-8468

Email: Admin@bakaenterprises.com

Lynsee Bohan

Business Office Manager

Phone: 715-923-3575

Email: Eb.bom@bakaenterprises.com

Kayla Carter, RN

Phone: 715-889-2528

Email: Kayla.Carter@bakaenterprises.com

Lou Vivirito

Resident Care Coordinator

Phone: 920-660-3110

Email: Eb.rcc@bakaenterprises.com

Tyler Namoff

Community Relations Director

Phone: 217-778-0591

Email: Tyler.Namoff@bakaenterprises.com

Paige Cornelissen

Social Coordinator

Phone: 920-660-4082

Email: Eb.activities@bakaenterprises.com

Trish Nunez

Administrator

Phone: 920-362-1578

Email: trish.nunez@bakaenterprises.com

Obituaries | *Saying Goodbye to our Dear Friends*



Linda Louann (Busch) Rowell, 75, went peacefully to eternal life with Christ on September 19, 2024. Linda was born at Shawano Hospital on May 24, 1949. She was baptized into faith and attended grade

school at St. Paul Lutheran School in Bonduel, and graduated from Bonduel High School in 1967. She received her LPN degree and served as a nurse at Sharpe Care in Oconto Falls. On September 20, 1969, Linda married Ronald Rowell and together they farmed and raised their children in the Town of Morgan.

Linda lived farm life to the fullest, tending flowers around the yard, antiquing, spending time with her family, and was active at her church. She was known for her cooking, baking and faith in Jesus.

Linda is survived by her husband, Ronald; sons Andrew (Laura) and Ryan; grandchildren Michael, Benjamin and William; brothers Melvin, Charles and Arlyn (Julie) Busch, and sisters Charlene

Busch, Suzanne (Dean) Thiel, Lanette (Marvin) Genskow, Kathleen (Mike) Dorsey, and Nancy (William) Dittman; brother-in-law Charles (Doris) Rowell; numerous nieces and nephews, along with great nieces and nephews.

Linda was preceded in death by her parents Harold and Inez Busch, sister-in-law Sandra (Melvin) Busch; Ron's parents Charles and Louise Rowell, sister-in-law Charlotte Ratz and brother-in-law John Rowell.

A memorial service was held on Monday, October 7, 2024, at St. John's Lutheran Church in Morgan, 3374 County Road C, Oconto Falls, WI. Visitation began at 10:30 a.m. with service at 12 o'clock. Special thanks to Emerald Bay Assisted Living and Unity Hospice with Linda's care.



Edmund A. Selissen, age 94, a resident of Emerald Bay Retirement Community, passed away peacefully Thursday afternoon, October 3, 2024, at Emerald Bay with his loving family at his side.

Edmund was born on August 10, 1930 in Green Bay, son of the late Herbert and Alvina (Brouillard) Selissen. He was a graduate of Catholic Central

High School in Green Bay. Ed was an optician for Eye and Ear Associates of Green Bay until his retirement in 1994. On September 29, 1951, Ed married Edith "Edie" Gilson in Green Bay. The couple just recently celebrated their 73rd wedding anniversary.

Ed was a member of St. Agnes Catholic Church, and a 67-year member of the Barbershop Harmony Society. He was a member of "The Four Clips" Quartet when they were Land O'Lakes District Champions. He holds the distinction of signing in a quartet every year since joining the Society. He also served as director of the Baylander Chorus from 1957-2014. Ed spent the last few years singing with the Something Old Something New Quartet.

Ed and Edie enjoyed traveling, he was a lifelong bird watcher and avid fan of the Green Bay Packers being a season ticket holder since the playing days at East High School.

Survivors include: his wife Edith "Edie" Selissen; one son and daughter-in-law Michael (Tammy) Selissen; one grandson Lawton Selissen; one sister

Elaine Mac Donald; one sister-in-law Noreen Selissen; nieces, nephews and other relatives and friends survive. He was preceded in death by: his parents Herbert and Alvina Selissen; one brother Richard Selissen; one sister and brother-in-law Jeanette (Jack) De Groot.

Funeral services will be held at 1:30 pm on Wednesday, October 9, 2024 at the Lyndahl Funeral Home, 1350 Lombardi Ave., Green Bay. Deacon Greg Rotherham will officiate with entombment to follow at the Shrine of the Good Shepherd Mausoleum. Relatives and friends may call at the funeral home on Wednesday from 11:30 am until the time of services at 1:30 pm.

Online expressions of sympathy for Ed's family can be made www.lyndahl.com

The family would like to thank the staffs of Emerald Bay Retirement Community and St. Croix Hospice for their loving care shown to Edmund.

Obituaries | *Saying Goodbye to our Dear Friends*



Arlene L. Rohloff, 88, Pulaski, an energetic spirit who lived life to the fullest, passed away peacefully Tuesday, October 1, 2024, at Emerald Bay Assisted Living in Hobart. The daughter of John “Jack” and Agnes (Ertman) Blohowiak was born June 19, 1936, in Green Bay. As a child, Arlene moved frequently due to her father’s work as a cheesemaker. She particularly cherished her memories of sledding in Daggett, MI. Arlene also cherished her time with her cousins in Algoma, as she was an only child. She was a graduate of Seymour High School. On April 22, 1958, she married Mervin “Merv” Rohloff, a smooth dancer, at Pamperin Park in Green

Bay. The couple purchased a farm in Angelica in 1961 and farmed there with their four children. Arlene was a longtime member of Assumption B.V.M. Parish and was a member of the Council of Catholic Women. She was also a “grandma” at Encompass Daycare in Pulaski.

Arlene enjoyed dancing to country and polka music. She frequently drove to see some of her favorite bands. Arlene also enjoyed painting, traveling, going on bus trips, and was always ready to polka. She took up running in her 50’s and ran into her 80’s, winning many awards throughout her age groups. She especially enjoyed running with her daughter, Jann. Arlene never missed a grandchild’s sporting event no matter how far away it was. She dedicated many years to the racetracks, supporting her husband, son, and grandson in their passion for racing. An independent spirit, she always found ways to stay active and engaged.

Survivors include her four children: Bonnie (Randy) Bramschreiber, Bonduel, Karen (Dick) Rusch, Shawano, Brad (Diane) Rohloff, Pulaski, and Jann (Wade) Berglund, Winneconne; five grandchildren: Britney (Tyler) Dobratz, Shawano;

Brigham (Katie) Bramschreiber, Green Bay, Kiley Rusch, Shawano, Dylan Rohloff, Pulaski, and Broc Berglund, Winneconne; four great-grandchildren: Kip and Oaklyn Dobratz, and Blake and Bryce Bramschreiber; a sister-in-law, Janet Rohloff; and many nieces, nephews and other relatives.

Arlene is now reunited with her cherished husband and dance partner, and she is also preceded in death by her parents, John and Agnes, as well as a stillborn son. Along with her brothers-in-law: Melvin Rohloff and Richard (Lorraine) Lepak.

Friends were invited to gather with family at Assumption B.V.M. Church, 119 E. Pulaski St., on Friday, October 4, from 9-11 a.m. The Funeral Mass was celebrated at 11 a.m. with Fr. James Vacco, O.F.M. presiding. Burial proceeded in the parish cemetery.

The family would like to extend a heartfelt thank you to the staff at Emerald Bay and the St. Croix Hospice Team, especially Eric, for the care and compassion given to Arlene.

Quote of the Month

In everyday, there are 1,440 Minutes.

That means we have 1,440 daily opportunities to make a positive impact.

Memory Care Dates to Remember in October

October 2 Sun Drop Museum

October 11 Pumpkin Patch

October 16 Cosmic Bingo

October 17 Glamor Shots

October 18 Wine Tasting

October 24 Resident Counsel

October 31 Halloween Party & Trick or treating

Resident Spotlight



This month, we are excited to shine a spotlight on Carol, a vibrant member of our community who brings warmth and joy to everyone she meets. Originally from Menominee,

Michigan, Carol spent a significant part of her career working at Signal Electric, where she made lasting friendships and memories. Her journey through life has been enriched by her six siblings and her husband, Joseph, who also worked alongside her at Signal Electric. Together, they were blessed with four wonderful children and three delightful grandchildren, making family the cornerstone of her life.

Carol has always had a passion for sports, enjoying everything from tennis and basketball to baseball and golf. Today, you can often find her playing cards, going for walks, or

enjoying a game of bingo, always with a smile on her face. One of Carol's proudest moments was her time on Air Force One with President George W. Bush, an experience that she cherishes deeply. However, her greatest joy comes from being a grandma. Carol loves being part of our community and values the friendships she has formed here. Her favorite part of living at Emerald Bay is the opportunity to enjoy her time with everyone around her, spreading happiness wherever she goes. Join us in celebrating Carol, a true gem in our Emerald Bay Community!

Employee Spotlight



This month, we're thrilled to highlight Stacy, one of our dedicated team members at Emerald Bay!

Born and raised in Marinette, WI, Stacy brings a genuine warmth and enthusiasm to her role. She has been a part of the Emerald Bay family for seven months, and in that time, she has made a wonderful impact on both her colleagues and the residents.

Stacy's favorite hobbies include spending quality time with her family, camping, and boating—activities that reflect her love for making lasting memories together.

What truly drives Stacy in her work is her passion for the residents. She finds joy in seeing their smiles, hearing their stories, and providing compassionate care. The motivation she receives from her family, her children, and the residents at Emerald Bay inspires her to be the best version of herself every day.

We are grateful to have Stacy as part of our team, where her positive spirit and dedication shine brightly! Thank you, Stacy, for all that you do!

Reminiscing September

